

News and Notes for November at The Learning Well



Hello everyone and Happy November!

First, a quick reminder that spare clothing needs to be replaced with more weather-appropriate items. Remember pants, shirts, underwear and socks. We've had some chilly fall weather, so please bring and/or leave a sweater or jacket and a hat for those chilly mornings or afternoons.

I know we've said this before, but PLEASE label ALL of your child's belongings. This includes lunch boxes and containers, cups and clothing. If you bring it here, it should have a label. We are training new staff and they are not familiar with which jacket belongs to which child. Even writing their initials with a sharpie on tags or the bottoms of bottles & cups would be a HUGE help. We can't thank you enough! Oh! Even diapers and wipes! When you bring in new supplies, please write your child's name on the packages.

One more clothing request ... we respectfully ask that you send your children in, not only seasonal clothing, but also

play clothes and shoes that you don't mind if they get dirty. Your children play hard when outside, running, falling, kneeling and sitting on the ground. We're also doing some creative artwork and science experiments within the classroom and we want all the children to be comfortable getting involved without having to worry about getting dirty. We play to learn and learning is messy!

Progress Reports will be going home later in the month, so keep an eye out for those. We request that you sign one for your child's record and we will give you one to keep. Should you have any questions or comments on anything, please speak to your classroom teacher or Christine.

As always, thank you for sharing your children with us. We are so honored to be able to care for them and watch them grow!

Enjoy your month and Happy Thanksgiving.

Important Dates in November

November 4th

Turn Your Clocks BACK one hour!

Monday, Nov 12

We will be open but if your child will NOT be attending that day, please let us know so we may schedule classroom staff accordingly.

Thursday and Friday, November 22nd / 23rd

We are closed for Thanksgiving.

OCTOBER THANK YOU's

Pumpkin Bread for Staff from Nolan (delish!)

Spare Boys' Clothes from Max & Callum

Box of Glue Sticks from Maddox

BIG NEWS!

Miss Nichole, our teacher in the Toddler Ones Room, had her baby on Monday, October 22nd.

Meet her new addition, Aviana!

6 pounds, 10 ounces and 17.4 inches long

Congratulations Miss Nichole!



UPDATE

Due to your wonderful support and generosity, we were able to buy new books, toys, and games for ALL five classrooms with the funds from the Tupperware fundraiser. The children get so excited when they see new things to explore!

Thank you all ☺



Quote of the month:

"The more risks you allow children to take, the better they learn to take care of themselves"
~ Roald Dahl

November 2018

Infants

Happy November Infant Families!

Camden transitioned to the Ones Room last month. He's doing great in there! We always keep the door open in the morning so we can say hi and give all the toddlers some start-the-day hugs.

Last month also was full of sensory activities. We explored pumpkins, pumpkin seeds, and some crunchy fall leaves; and some of us even liked having our feet painted and tickled to make some 'scary' monsters for our window. We were able to get outside on some of the warmer days and watched and listened to the rain from our classroom windows.

Your babies were just the cutest in their Halloween costumes. Everyone stopped by to check them out and agreed they should be voted winners for the most adorable trick or treaters (if we had such a contest 😊).

Progress Reports will be going home late in the month. The state requires that infants receive a progress report every three months. Should you have any questions or comments, please let us know.

Thanks everyone!

Toddler Ones

Hello Toddler Families!

In October, we welcomed Camden to our classroom and he quickly adjusted to his new space and new routine. He has even begun taking a few steps to keep up with his classmates. We got some new toys and books from the Tupperware fundraiser - thank you! - your children really enjoy exploring them.

October also included lots of sensory play! We examined pumpkins and colorful fall leaves; and some of us even touched the pumpkin guts (all but two friends!). We also had fun at our Halloween party and parade. Your children looked great, dressed in their costumes, and parading around the school. We hope you enjoyed the pictures that were



Toddler Twos

Your children had a great month of October. We collected leaves off the playground, examined pumpkins and carved one to explore the inside. We got some squeals when they touched the guts. 😊

It was a busy month, with the visit from the WB Fire Dept. and our Halloween parade and party. Thank you to everyone who donated for our party! The weather was a little crazy last month with all the rain, but we got outside quite a bit. Please remember jackets and hats to keep your children warm and comfortable.

We have new dramatic play centers planned for November including a farm stand, restaurant (serving turkey dinner, of

posted on our Facebook page. Thank you to everyone who donated goodies for our party!

Please remember to switch out your spare clothes with some larger sizes and more weather-appropriate options. Also, a jacket and hat are necessary for when we head outside to enjoy some brisk fall air! We have a lot of fun on the playground, too, picking up and tossing leaves. We get out as much as we can.

November brings more fall activities, and our Thanksgiving feast on Wednesday, November 21st. We will share more information as we get closer to the date. Oh, and remember we are closed for the holiday, both Thursday and Friday.

course!) and a laundry center. We'll do our best to get pictures of your children separating whites from colors, folding and matching up pairs of socks. And, of course, Pilgrims and Native Americans will take center stage as we learn about the Mayflower, the first Thanksgiving, tepees and totem poles.

At the end of the month, we will talk about working vehicles, like tractors and excavators. Something about those big machines that kids just love.

Our Thanksgiving feast will be on Wednesday, November 21st, watch for details later in the month.

IMPORTANT!

Please check your child's spare clothing and make sure to switch them out for larger sizes and more weather appropriate.

In addition, please send your child to school in long sleeves, pants, and socks. Let's keep those babies comfy, cozy and warm.

Happy Birthday

Ellie!

Nov 3



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Happy Birthday

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T.J.!

Nov 22



Preschool Down

October started out with a visit from the West Bridgewater Fire Department. We learned all about fire safety and made our own fire hats. They even brought an ambulance that we got to explore. Then we moved on to All Things Fall which included exploring pumpkins, pumpkin guts and we even made pumpkin slime!

We had a lot of fun treat-or-treating during our Halloween parade and celebrating with our friends. Your kids looked great in their costumes and did an awesome job thanking staff when they received their treats!

This month, we will talk about veterans, the holiday and why we celebrate it, and our country's flag. Thanksgiving, Pilgrims and Native Americans take center stage as we

learn how the Pilgrims traveled across the ocean, why they did and what their lives were like once they landed. We will celebrate Thanksgiving here with your children on Wednesday, November 21st. Watch for more details later in the month, as well as a goodie sign-up sheet.

We'll close out the month discussing working vehicles like tractors, backhoes and trains. We will even create our own "name train"! If anyone has a particular working vehicle they'd like to bring for a 'show and tell' activity, let us know and we can schedule a visit! Kids absolutely love big trucks and equipment!

Thanks everyone and Happy Thanksgiving!

Pre-K Up

Hello everyone!

Your children had a great October! We were able to enjoy lots of different sensory buckets with leaves, pine cones, beans, pine needles and a host of other items from nature. We carved a pumpkin and got to feel the guts and slimy seeds inside. Once emptied, we continued with a science experiment and had a blast with our exploding fizzing pumpkin!

We also did a candy corn experiment ... We placed 4-5 pieces of candy corn in a small bottle of water, then went outside. When we came back in, the water was orange and the candy corn was nowhere in sight! I guess this proves that candy corn is, indeed, made entirely of sugar.



You may have noticed a new staff member in our classroom. Miss Jill is helping out 2-3 times a week. She has a Bachelor's degree in psychology and a Master's in education. She's been a wonderful addition to the classroom and the children love her!

November brings the usual themes related to Pilgrims, Native Americans, giving thanks for our families, and the first Thanksgiving. We will share a special meal with the downstairs preschool nearer to the end of the month, probably on the 21st, but we'll nail down the details and let you know as soon as we do!

Please remember to send your children in clothing that is weather appropriate and clothes you don't mind if they get dirty. We want your child to be able to participate in all of our learning activities without worry. And please remember to label everything.

One more thing! Please walk your child up the stairs if we are upstairs when you arrive. Do not let them walk up alone.

Thank you!

NOVEMBER BIRTHDAYS

Evie November 12
Jake November 25
Kevin November 26

Happy Birthday Everyone!



From the mouths of our preschoolers ...

When reviewing classroom rules last week, the teacher asked the class, "If you hit or kick your friends, what does that make them?"

One of the children answered, "Happy!"

I guess we need a little more reviewing 😊

Lunch Box Ideas For Busy Families ☺

Thought we'd give you some new ideas for lunches. I know how frustrating it can be when you're looking for something new to send, but can't think of what. First though

- Send food they know and love. Always try new foods at home.
- Fruit should be cut, especially grapes (which should be quartered) and berries. Fruit that's easy to eat like watermelon and bananas are great choices.
- No peanut butter - try Sun or Wow Butter instead.
- For the younger group, remember to send foods that are easy to pick up, whether with a utensil or fingers (ex. Rigatoni or Ziti instead of Spaghetti).

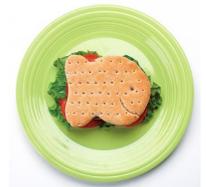
LUNCH IDEAS

- Leftovers from last night's dinner
- Sliced rotisserie chicken
- Deli meat, cubed or rolled for little fingers
- Rice and cooked veggies
- Pasta with sauce or butter
- Grilled cheese sandwich, quartered
- Sun Butter and Jelly
- Veggies and/or crackers with serving size hummus or dressing for dipping
- French toast (make the night before - add pureed squash or sweet potatoes to egg/milk mixture to sneak some veggies in. Cook, sprinkle with cinnamon sugar, cool and slice into strips).



Misc:

- Send apples sliced thin, sprinkled with lemon juice to keep them from browning
- Banana or cinnamon raisin bread are an easy way to get some fruit in them.
- Make sandwiches in Pepperidge Farm Goldfish-Shaped bread. Fun AND won't get soggy!
- Mini rice cakes or quinoa chips (softer than potato chips and high in protein)
- Sun butter as a dip for apples (sliced) or pretzel sticks



Shockingly enough, you can actually buy pre-packaged snacks that are healthy and nutritious. Of course, they're organic and a little pricier than say, gold fish or cookies, but they are a great go-to if you're looking to add healthy snacks to your child's lunch. Some ideas:

- Organic sliced apples (send with yogurt or sun butter for dipping)
- Inner Peas or Snapes (crunchy snacks that don't taste like peas)
- Single serve hummus (with pretzels or baby petite carrot sticks - these are the smallest and most tender raw carrot sticks)
- Babybel cheese circles
- Freeze-dried fruit
- Crackers with cream cheese to spread (whipped spreads easily)
- Guacamole-To-Go (again, with crackers or baby petite carrots)



REMEMBER, all new foods MUST be tried at home first - at least a few of times, before sending them with your child. This way we know your child likes what you're sending AND will not have any allergic reactions. Thanks!